

RIPPA RUGBY SELECTED TECHNIQUE/SKILL VIDEO

We are going to explain how to : _____

Step 1: Your Assignment

Your film crew must create an instructional video that is no longer than 2 minutes. The video must focus on how to perform a technique or skill (Ovens & Smith definition 2006) required to play “Rippa Rugby”. All groups members must be involved in the process of making the video.

Step 2: List the Names of the People in Your Film Crew

Step 3: Critical Elements for your “Little Rippa” Rugby Technique/Skill

Your instructional video must identify 4 critical elements to earn a 4-star rating. Take a moment as a group and list the critical elements that you will include.

- 1.
- 2.
- 3.
- 4.

Step 4: Come Up With Your Story Idea and Rehearse

Create your skit for the instructional video, see ME (your teacher!!) to get any equipment you might need to practice this.

Step 5: Skit Review

Find ME (your teacher) and perform your instructional video skit before going to “Step 6”

Step 6: “Take One” Video Scoring Rubric

When you are ready to roll you will be directed to the “movie set” area where you can video your skit.

- * * * * At least 4 critical elements for your chosen “Little Rippa” skill focus are clearly demonstrated and explained in the instructional video including reference to the “techniques” required to perform the skill. (Note the difference between Techniques and skills)
- * * * At least 4 critical elements are explained for a technique or a skill and all are clearly demonstrated in the instructional video.
- * * At least 4 critical elements on how to perform a technique are explained and demonstrated in the instructional video but it lacks connection to a skill.
- * Different elements that make up a technique are included but explanation and/or demonstrations lack accuracy in the instructional video. No connection to a skill.

