

# Simple Goal

NAME \_\_\_\_\_

In one sentence clearly state the goal you want to achieve.

My goal is to \_\_\_\_\_

Who could help you to achieve your goal?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Where will you need to go to achieve your goal?

\_\_\_\_\_  
\_\_\_\_\_

When do you want to achieve this goal?

\_\_\_\_\_  
\_\_\_\_\_



What obstacles might you need to overcome?

\_\_\_\_\_  
\_\_\_\_\_

Why do you want to achieve this goal?

\_\_\_\_\_  
\_\_\_\_\_

How will I know when I have achieved my goal?

\_\_\_\_\_  
\_\_\_\_\_

How can I track and measure my goals?

\_\_\_\_\_  
\_\_\_\_\_

