

# MEASUREMENT & NUMBER STRATEGIES

## Stage 2-4

1. Rugger has a resting heart rate of 65 beats per minute.

- How many times does your heart beat in a minute?
- Go for a walk around the field. Count how many times your heart beats in a minute now.
- Go for a run around the field. Count how many times your heart beats in a minute now.
- Have a race with your friends over 100m. Count how many times your heart beats in a minute now.



2. Graph these results and write a conclusion or finding.

